# Platelet Aggregation Draw Guide

# Northern CA Area Lab

2023 Eighth Street Berkeley, CA 94710 (510) 839-5600



Please call our lab at (510) 839-5600 to have a courier on-site before drawing the patient. Samples must be received within 2 hours of draw to complete all testing.

Specimen requirements vary by test (call for pediatric draws):

Test	Number of Tubes	Sample Type	Days Performed
Platelet Aggregation Study (Comprehensive)	5	3 mL - 3.2% Sodium Citrated, Whole Blood, Room Temperature	By appointment only: Monday - Friday 8 am - 2 pm
Aspirin Sensitivity (ASA)*	4		
Plavix® Sensitivity*	4		
Ristocetin-induced Platelet Aggregation (RIPA)	4		
Platelet Electron Microscopy	2	8 mL - Acid Citrate Dextrose (ACD), Whole Blood, Room Temperature	Monday - Thursday 8 am - 2 pm

<sup>\*</sup>If ordering the ASA and Plavix Sensitivity together, only 4 - 3mL tubes are required to complete all testing

## **Patient Preparation**

Fasting: 6 hours

### **Additional Requirements:**

No aspirin\*\* or fish oil for 14 days prior to draw No NSAIDs (e.g. ibuprofen, naproxen, etc.) or antihistamines for 72 hours prior to draw

\*\*Please do not discontinue any prescribed medications without consulting the ordering provider.

Patients may remain on aspirin or Plavix if Aspirin Sensitivity or Plavix Sensitivity testing is ordered.

### **Instructions:**

- 1. Complete an order form and if available, include a list of current medications.
- 2. Once courier is on-site, draw the required number of tubes. Invert samples gently to mix.
- 3. Label the tubes with patient first and last name, DOB, draw date and draw time.
- 4. No other processing is required. Send immediately at room temperature.